



LEARN ABOUT ENCOUNTER'S COUNSELING AND THERAPY SERVICES

WHAT WE PROVIDE

Encounter Telepsychiatry is based in Omaha, Nebraska and provides psychiatric and mental healthcare in rural and under-served areas across the country.

Our licensed therapists and mental health specialists offer counseling, therapy, psychiatric medication management and evaluations.



Our providers are board certified Psychiatric Mental Health Nurse Practitioners and Licensed Independent Clinical Social Workers.



We accept most private insurance, Medicare, and Medicaid. We also offer private pay options, as well.



Mental and behavioral health is a vital part of physical health and quality of life. We can help.

WHO WE SEE

Encounter offers therapy and mental health care for residents:

- with dementia.
- who are taking anti-depressants, anti-anxiety, and anti-psychotic medications.
- that have a diagnosed mental health illness such as depression, anxiety, stress, PTSD, schizophrenia, bipolar disorder, and more.



HOW IT WORKS

- 1 First, connect with the Encounter Team. Call **(844) 485-3041** or email **info@encounter.health** to get started.
- 2 Our staff will provide intake forms to be completed prior to your first appointment.
- 3 First-time appointments last 45-60 minutes. Follow-up appointments range in time based on your needs.
- 4 Prescriptions will be sent electronically to your pharmacy.
- 5 Reminder calls or emails make it easy to remember your appointment.

HOW THIS HELPS

- Enhances quality of life
- Improves access to mental health care in rural communities
- Reduces over-prescribed medications
- Improves physical and mental health
- Removes the barrier of stigma related to mental health care
- Engages patient, family, friends, and community in care.



WHERE WE SERVE

KEY FOR MAP :

Currently Serving

Full Practice States

Reduced and Restriction Access States

